



ANTARA

 Max Group

Care  
Homes

*DISCOVER UNMATCHED CARE*

# Comfortable Homes For Assisted Living & Transition Care



# Antara Care Homes

Antara Care Homes are specialised residential facilities for short & long-term stay and pre & post-operative care for seniors. These facilities provide health care, emergency response services, curated engagement calendars and nutritionally assisted meals in a home-like environment for seniors who require assistance in their daily living.

## Our Offerings

### Assisted Living

Assisted living or Care Homes are for seniors who need some amount of personal or medical assistance. Care Homes provide customised care plans and nutritionally assisted meals, based on the resident's condition.

### Transition Care

Medical assistance and clinical care for pre & post operative recovery and rehabilitation in a home-like environment.



## Antara Advantage



### Continuity of Care

- Comfortable accommodation
- Comprehensive care



### In-house Physiotherapy Centre

- Trained & certified physiotherapists
- Personalised treatment plans



### Flexibility for Long or Short Stay

- Plan created as per requirement
- Engagement activities to keep them physically active and cognitively stimulated



### Nutritionally Assisted Meals

- Nutritionally-rich and freshly-prepared meals tailored to health requirements
- Home-like meals



### Safety and Security

- 24x7 safety and security with CCTV and guards

# Assisted Living - Holistic Wellbeing Care Spectrum

## Assisted Care & Monitoring



Personalised  
care plans



24x7 nursing care  
and attendants on  
shared basis



Daily vital  
monitoring



Regular doctor  
visit



Physiotherapy  
sessions  
(need basis)



Diagnostic  
support  
(need basis)



Safe & secure  
senior-friendly  
infrastructure



Nutritionally-rich  
& wholesome meals



Counselling sessions  
(need basis)



Speciality based  
consults  
(need basis)



Regular physical  
& cognitive activities

# Transition Care - Rehab Care Spectrum

## Medical Assistance and Clinical Care



Specialised care plan



24x7 doctor, nurse and attendants on shared basis



Continuous vital monitoring



Daily doctor visits (twice)



Rehabilitation - physiotherapy, speech & swallow therapy, occupational therapy



Diagnostic support (need basis)



Medically-equipped infrastructure



Nutritionally-rich meals basis health condition



Mental & emotional support for patient & family members



Speciality based consults (need basis)



Infection controlled environment

## Our Patients Speak

Some of our patrons experienced the warmth and comprehensive care of our Care Homes. Here's what they have to say:

“We had the most pleasant and satisfying experience with Antara Care Home in DLF Phase II Gurgaon. Abhishek, the facility manager, was extremely helpful throughout the entire process, from onboarding to final release, and in navigating logistical and billing procedures. Overall, we were very pleased with the clinical support staff and the panel of doctors who provided the level of care one expects for their loved ones when entering this facility. Thanks very much.”

**-Amresh Sharma**

“The best care homes for elders. My father had undergone a back surgery, post which, medical care was required. Antara team took complete care of my father for around 2 weeks in their specialised care homes. There were nurses and doctors available round the clock, which helped my father recover completely. Thanks team Antara.”

**-Hari Basa**

“Anantara care homes took the initiative for #senior care. They provide the best facility for our seniors. We all have to appreciate their efforts & hard work. I would recommend it as the best health care services for seniors. Thank you Team Antara. Your work is really appreciable.”

**-Sakshi Aggarwal**





**For Further Details:**

 **+91 98114 41111**

 **antaraseniorcare.com**

 **Gurgaon | Noida | Bengaluru**