



ANTARA

 Max Group

Care
Homes

DISCOVER UNMATCHED CARE

Comfortable Homes For Assisted Living & Transition Care



Antara Care Homes

Antara Care Homes are specialised residential facilities for short & long-term stay and pre & post-operative care for seniors. These facilities provide health care, emergency response services, curated engagement calendars and nutritionally assisted meals in a home-like environment for seniors who require assistance in their daily living.

Our Offerings

Assisted Living

Assisted living or Care Homes are for seniors who need some amount of personal or medical assistance. Care Homes provide customised care plans and nutritionally assisted meals, based on the resident's condition.

Transition Care

Medical assistance and clinical care for pre & post operative recovery and rehabilitation in a home-like environment.



Antara Advantage



In-house Physiotherapy Centre

- Trained & certified physiotherapists
- Personalised treatment plans



Medical & Emergency Support

- Round-the-clock access to medical professionals
- Vitals tracking and early detection of potential complications



Nutritionally Assisted Meals

- Nutritionally-rich and freshly-prepared meals tailored to health requirements
- 7 balanced meals a day



Safety and Security

- 24x7 safety and security with CCTV and guards



Cashless Services with TPA

- Receive hassle-free, direct insurance support along with personalized care tailored to your needs

Assisted Living - Complete Wellness Support

Assisted Care & Monitoring

We provide assisted Living for seniors who need personal or medical assistance in their daily lives.

Assisted Care & Monitoring



24x7 Medical & Nursing Support



Nutritionally balanced 7-time meal plan



Senior-Friendly Living Spaces



Engaging Daily Activities



Medical & Emergency Support

Assisted Living is Ideal for:



Personalized Support



Support for Children Living Abroad



Peace of Mind for Families



Accidents, Falls, or General weakness

Transition Care - Rehab Care Spectrum

Medical Assistance and Clinical Care



Post Surgery Rehabilitation

Recovery after surgery requires structured rehabilitation, mobility support, and effective pain management. Our transition care provides personalized physiotherapy, fall prevention, guided exercises, and daily assistance to ensure a safe, smooth, and faster recovery.



Total Knee Replacement & Hip Replacement

Recovery after knee or hip replacement requires structured rehabilitation and effective pain management. Our transition care supports recovery with physiotherapy, mobility training, pain management, and daily assistance—helping you regain strength and confidence after surgery.



Stroke Recovery:

Stroke recovery needs intensive rehabilitation and continuous medical oversight. Our transition care provides physiotherapy, speech therapy, nursing support, and a safe environment to regain independence.



Oncology (Post-Chemo Support)

Post-chemotherapy recovery requires close monitoring, nutritional support, and gentle rehabilitation. Our transition care provides expert nursing, symptom management, counseling, and holistic care to rebuild strength and enhance overall well-being.



Personalised
recovery plans



Physiotherapy &
rehabilitation



Geriatric-
trained staff



Hospital
grade beds
and furniture



Nutritionally
balanced 7-time
meal plan

Our Patients Speak

Some of our patrons experienced the warmth and comprehensive care of our Care Homes. Here's what they have to say:

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“We had the most pleasant and satisfying experience with Antara Care Home in DLF Phase II Gurgaon. Abhishek, the facility manager, was extremely helpful throughout the entire process, from onboarding to final release, and in navigating logistical and billing procedures. Overall, we were very pleased with the clinical support staff and the panel of doctors who provided the level of care one expects for their loved ones when entering this facility. Thanks very much.”

-Amresh Sharma

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“The best care homes for elders. My father had undergone a back surgery, post which, medical care was required. Antara team took complete care of my father for around 2 weeks in their specialised care homes. There were nurses and doctors available round the clock, which helped my father recover completely. Thanks team Antara.”

-Hari Basa

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“Anantara care homes took the initiative for #senior care. They provide the best facility for our seniors. We all have to appreciate their efforts & hard work. I would recommend it as the best health care services for seniors. Thank you Team Antara. Your work is really appreciable.”

-Sakshi Aggarwal



Trusted by Families



Antara Care Homes
DLF Phase-2, Gurgaon



4.5 Star Customer Rating



Antara Care Homes
Sector 24, Gurgaon



4.5 Star Customer Rating



Antara Care Homes
Sector 66, Noida



4.4 Star Customer Rating



Antara Care Homes
M-200, Gurgaon



4.5 Star Customer Rating



Antara Care Homes
Whitefield, Bengaluru



4.4 Star Customer Rating



Antara Care Homes
Hulimavu, Bengaluru



4.2 Star Customer Rating



Antara Care Homes
ECR Road, Chennai



5 Star Customer Rating



Antara Care Homes
OMR Road, Chennai



4.5 Star Customer Rating



For Further Details:

 **+91 98114 41111**

 **antaraseniorcare.com**

 **Chennai | Bengaluru | Gurgaon | Noida**